

**1) What are the symptoms?**

- Fever above 38°C
- New or worsening chronic cough
- Sore throat
- Runny nose
- Headache
- Difficulty breathing
- New onset of fatigue
- New onset of muscle pain
- Diarrhea
- Loss of taste
- Loss of smell
- Purple fingers and/or toes (**presents only in youth**)

**2) If you have no symptoms?**

All New Brunswickers are expected to remain vigilant and self monitor for the symptoms regularly. This includes performing the required self screening procedure before presenting to work/school.

**2) If you have 1 symptom?**

If you have one symptom, you may call 811 for direction but it is not required. You do not have to stay home. You are expected to self monitor in case other symptoms develop. **UNLESS the only symptom is purple fingers or toes in a youth, then they must call 811.**

**3) If you have 2 symptoms?**

If you have two symptoms you must isolate and go home as soon as possible if at work/school or stay home if symptoms noticed before work/school. **You must call 811** and you must follow the direction of Public Health.

**Allergies:** Learners or staff who have been identified as having seasonal allergies or who suffer from chronic runny nose/nasal congestion would not be considered suspect cases.